

**Directions to the Georgia International Convention Center
2000 Convention Center Concourse
Atlanta, GA 30037**

From Downtown Atlanta & North Atlanta (I-75/85 South)

Take I-85 South Exit Camp Creek parkway (exit 72). Follow the signs for Camp Creek Parkway. Once on Camp Creek, turn left at the 1st traffic light into the Gateway Center. The Georgia International Convention Center will be on the right.

From I-285

Take I-285 South to Exit 2. Turn left onto Camp Creek Parkway. Travel 2.6 miles through 7 traffic lights. At the 8th light, turn right into the Gateway Center and the convention center is on the right.

World Champion Marcal Lazenby presents

The 21st Annual



July 16, 2016

Georgia International Convention Center
2000 Convention Center Concourse, Atlanta, GA 30037

Men 18-34 Fighting Champion \$100
Men 35-44 Fighting Champion \$100
Men 45 + Fighting Champion \$100
Women's Fighting Grand Champion \$100
Forms & Weapons Grand Champion \$100

Plus ...

Men's Open Weight Fighting Challenge \$20 to
enter ... and
The winner takes home \$200!

Tournament Schedule:

Registration Opens:	7:00 am
Black Belt Meeting:	8:00 am
Tournament Starts:	9:00 am

ASKL RATED A, IKC Rated A



For More Information, Contact Marcal Lazenby at 678-437-6164

Every kid will receive an award for DOING THEIR BEST!!

Rules: Light contact rules will be strictly enforced. Illegal targets are: throat, back of neck, spine, joints, all areas below the belt. All matches 2 minutes or first to 10 points. Soft-toe safety gear is mandatory in all divisions. Full uniforms must be worn (no T-shirts please). Groin cups are required in all make fighting divisions. Mouth pieces and head gear are required for all fighting divisions.

Over 100 Divisions for Point Sparring, Forms, Weapons,
Board Breaking, Team Fighting and Continuous Sparring.

The 2016 Gold Bar Karate Challenge

Flyer can be downloaded at www.goldbarchallenge.com

NAME _____ AGE _____ D.O.B. ____/____/____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 EMAIL ADDRESS _____ PHONE (____) _____
 KARATE SCHOOL _____
 SCHOOL ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 BELT RANK _____ Male _____ Female _____

Circle One:
 White-Yellow (beginner) Green –Blue (Intermediate) Red-Brown (advanced) Black Belt

Select Divisions

Circle divisions

Fighting Team Fighting Weapons Musical Weapons Forms
Musical Forms Continuous Fighting Board Breaking

Entry Fees

PREREGISTRATION BEFORE JULY 8

1 DIVISION \$45 X 1 = \$45
 ADDITIONAL DIVISIONS \$10 X __ = __
 SPECTATOR \$10 X __ = __

TOTAL AMOUNT _____

REGISTRATION ONSITE OR AFTER JULY 8

1 DIVISION \$50 X 1 = \$50
 ADDITIONAL DIVISIONS \$15 X __ = __
 SPECTATOR \$10 X __ = __

TOTAL AMOUNT _____

Discounts available for groups of 10 or more. Contact Master Marcal for details.

WAIVER AND RELEASE OF LIABILITY

In consideration of the promoter's permission and acceptance, granted to the competitors to participate in this event, I hereby assume all risks arising from said tournament and hereby release the director of this event. The owner, Marcal Lazenby, Agent, Employees, Georgia International Convention Center and Volunteer workers any demands that I, my heirs, executors, administrators and assignees may have against all such parties, all personal injuries known or unknown which the competitor may incur at this event.

I understand that karate competition involves significant and substantial physical contact between participants and that the competitor may receive injuries as a result. I have read and understand this release and understand and agree to all of its terms.

I agree to the rules of the event and will make myself knowledgeable of said rules for the GOLDBAR karate competition and agree to abide by said rules.

Signature (Parent/Guardian if under 18 yrs.) _____ Date _____

MAIL REGISTRATION TO MARCAL LAZENBY 375 BROADMOOR DRIVE
 FAYETTEVILLE, GA 30215

For more information, call Marcal Lazenby at 678-437-6164
www.goldbarchallenge.com

GOLD BAR CHALLENGE DIVISIONS

boys & girls fighting RING 1 age 4 white-yellow age 4 green-above age 5 white-yellow age 5 green-above RING 2 age 6 white-yellow age 6 green-above age 7 white-yellow age 7 green-above RING 3 8-9 boys white-yellow 8-9 girls white-yellow 8-9 boys green-blue 8-9 girls green-blue 8-9 boys brown-red 8-9 girls brown-red 8-9 black belts RING 4 10-11 boys white-yellow 10-11 girls white-yellow 10-11 boys green-blue 10-11 girls green-blue 10-11 boys brown-red 10-11 girls brown-red 10-11 black belts RING 5 12-13 boys white-yellow 12-13 girls white-yellow 12-13 boys green-blue 12-13 girls green-blue 12-13 boys brown-red 12-13 girls brown-red 12-13 boys black belts 12-13 girls black belts RING 6 14-15 boys white-yellow 14-15 girls white-yellow 14-15 boys green-blue 14-15 girls green-blue 14-15 boys brown-red 14-15 girls brown-red 14-15 boys black belts 14-15 girls black belts 16-17 boys white-yellow 16-17 girls white-yellow 16-17 boys green-blue 16-17 girls green-blue 16-17 boys brown-red 16-17 girls brown-red 16-17 boys black belts 16-17 girls black belts	boys & girls forms RING 1 age 4 white-yellow age 4 green-above age 5 white-yellow age 5 green-above RING 2 age 6 white-yellow age 6 green-above age 7 white-yellow age 7 green-above RING 3 8-9 white-yellow 8-9 green-blue 8-9 brown-red 8-9 black belt RING 4 10-11 white-yellow 10-11 green-blue 10-11 brown-red 10-11 black belt RING 5 12-13 white-yellow 12-13 green-blue 12-13 brown-red 12-13 black belt RING 6 14-15 white-yellow 14-15 green-blue 14-15 brown-red 14-15 black belt 16-17 white-yellow 16-17 green-blue 16-17 brown-red 16-17 black belt	adult under belts weapons RING 8 age 18-29 white-yellow age 18-29 green-blue age 18-29 brown-red age 30 & over white-yellow age 30 & over green-blue age 30 & over brown-red men under black belt age 18-29 fighting *light = up to 169 *heavy = up to 169 novice-white light novice-white heavy yellow-orange light yellow-orange heavy blue-green light blue-green heavy brown-red light brown-red heavy age 30 & over fighting (30-39) white-yellow (30-39) green-blue (30-39) brown-red (40-49) white-yellow (40-49) green-blue (40-49) brown-red (50+) white-yellow (50+) green-blue (50+) brown-red	women forms RING 8 age 18-29 white-yellow green-blue brown-red age 30 and over white-yellow green-blue brown-red adult black belt fighting RING 1 men 18-19 139 and under 140-159 160-179 180 and over RING 1 men 20-29 149 and under 150-169 170-189 190 and over RING 2 men 30-39 159 and under 160-179 180 and over RING 4 men 40-49 159 and under 160-179 180 and over men 50 All weights women 125 and under over 125 lbs. seniors
special divisions youth musical forms white-yellow youth musical forms green-brown youth musical forms black belt youth musical weapons all ranks adult black belt musical weapons breaking Handicappable	youth weapons RING 2 age 7 & under white-yellow age 7 & under green-blue age 7 & under brown-red age 7 & under black belt RING 3 age 8-9 white-yellow age 8-9 green-blue age 8-9 brown-red age 8-9 black belt RING 5 age 10-13 white-yellow age 10-13 green-blue age 10-13 brown-red age 10-13 black belt RING 6 age 14-17 white-yellow age 14-17 green-blue age 14-17 brown-red age 14-17 black belt	age 18-29 men forms RING 8 novice-white yellow-orange green-blue brown-red age 30 & over men forms RING 8 white-yellow green-blue brown-red women under black belt RING 8 age 18-29 fighting white-yellow green-blue brown-red age 30 & over fighting (30-39) white-yellow (30-39) green-blue (30-39) brown-red (40-49) white-yellow (40-49) green-blue (40-49) brown-red (50+) white-yellow (50+) green-blue (50+) brown-red	adult black belt forms RING 7 men 18-29 men 30-39 men 40 and over women 18-29 women 30 and up soft style adult black belt weapons RING 7 men 18-29 men 30-39 men 40 and over women all ages team fighting and breaking RING 7A age 6-9 age 10-13 age 14-17 under black belt adults black belts

**RING ASSIGNMENTS
 SUBJECT TO CHANGE.**